

# CLASSIC SANDWICHES & SALADS

Everything is made fresh daily, with fresh and wholesome ingredients.

**California Cobb Sandwich**  
550 cal. ....\$9.79 Whole / \$6.79 Half  
Avocado, Turkey Breast, Bacon, Blue Cheese Spread, Romaine, Red Onion & Tomato

**Adam & Eve Sandwich**  
540 cal. ...\$9.79 Whole / \$6.79 Half  
Apple, Cucumber, Provolone, Herb Cheese Spread, Romaine, Red Onion, & Tomato.

**Vegetarian Sandwich**  
590 cal. .. \$9.79 Whole / \$6.79 Half  
Bell Pepper, Cucumber, Cheddar, Provolone, Roasted Red Pepper Spread, Romaine, Red Onion, & Tomato.

**Classic Deli Sandwich**  
600 cal. .. \$9.39 Whole / \$6.39 Half  
Choice of Smoked Turkey, Honey Ham, or Roast Beef. Choice of Swiss, Cheddar, or Provolone. With Romaine, Red Onion, Tomato, Spicy Mustard and Mayo.

**Louisville Chicken Salad Sandwich**  
690 cal. ....\$9.79 Whole / \$6.79 Half  
White and Dark Chicken in Seasoned Mayo, Spicy Pecans, Romaine Lettuce, Red Onion, and Tomato.

**Albacore Tuna Salad Sandwich**  
620 cal. ...\$9.39 Whole / \$6.39 Half  
Chunk White Albacore Tuna in Seasoned Mayo and Celery Salt, Romaine, Red Onion, & Tomato.

**Classic PB & J**  
650 cal. .. \$6.79 Whole / \$4.79 Half  
Creamy or Crunchy Peanut Butter & Jam.

## SOUPS

Ask About our Daily Soups.

Bread Bowl.....\$9.79

Large.....\$7.39

Small.....\$5.39

**Grilled Chicken Salad**  
460 cal. ....\$9.79 Whole / \$6.79 Half  
Seasoned Chicken, Bacon, Swiss, Tomato, Red Onion, Dried Cranberries, Candied Almonds, and our House-made Poppyseed Vinaigrette.

**Kiwi Mango Chicken Salad**  
520 cal. ....\$9.79 Whole / \$6.79 Half  
Fresh Kiwi Mango Salsa, Seasoned Chicken, Tomato, Swiss, Red Onion, and Candied Almonds.

**Grilled Chicken Caesar Salad**  
460 cal. ....\$9.79 Whole / \$6.79 Half  
Mixed greens, Seasoned Chicken Breast, Bacon, Shaved Parmesan and Crunchy Croutons.

**Garden House Salad**  
410 cal. ....\$9.79 Whole / \$6.79 Half  
Chopped Lettuce Mix, Tomato, Cucumber, Red Onion, Bell Pepper, Cheddar, and Croutons.



## HOT PANINI Sandwiches

Customize with your choice of fresh baked bread - ask us what's available today.

**Roast Beef Panini**  
650 cal. ....\$9.79 Whole / \$6.79 Half  
Roast Beef, Roasted Peppers & Onions, Melted Provolone, Romaine Lettuce, Tomato, and Red Pepper Garlic Spread.

**Tuscan Chicken**  
780 cal. ....\$9.79 Whole / \$6.79 Half  
Seasoned Chicken Breast, Melted Provolone, Romaine Lettuce, Tomato, Red Onion, with Sundried Tomato Pesto Spread.

**Grilled Turkey Pesto** 620 cal. .... \$9.79 Whole / \$6.79 Half  
Smoked Turkey, Provolone, Red Onion, Tomato, and Romaine Lettuce with Basil Pesto, Spicy Mustard, and Vinaigrette.

**Apple Bacon Grilled Cheese** 720 cal. .... \$9.79 Whole / \$6.79 Half  
Melted Sharp Cheddar Cheese & Provolone, Sliced Apples, Bacon, and Pepper Jelly.

**Grilled Cheese** 680 cal. .... \$8.79 Whole / \$6.39 Half  
Aged Cheddar, Swiss, and Garlic Herb Cheese Spread. Add: ham \$1, bacon \$1, or tomato at no cost.

**BBQ Cheddar Chicken**  
560 cal. ....\$9.79 Whole / \$6.79 Half  
Seasoned Chicken Breast, Bacon, Red Onion, Cheddar Cheese, Tomato, Romaine Lettuce with Tangy BBQ Sauce served on freshly-baked Sourdough bread.

**Spicy Turkey Pepperjack**  
730 cal. ....\$9.79 Whole / \$6.79 Half  
Smoked Turkey, Roasted Peppers & Onions, Melted Pepperjack, Southwest Mayo, Romaine Lettuce, and Tomato on Honey Whole Wheat Bread.

**Best Ever BLT**  
460 cal. ....\$8.79 Whole / \$6.39 Half  
Lots of Crisp Bacon, Mayo, Romaine Lettuce, and Ripe Red Tomato

**COMBO MEAL**  
CHOOSE 2: Half Sandwich  
Half Salad  
Cup of Soup  
\$11.79

**MAKE IT A MEAL DEAL!**  
Add Chips & a Drink  
\$2.49-\$2.99  
OR  
a Sweet & a Drink  
\$3.49-\$3.99

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.



## BREAKFAST

Customize with your choice of fresh bread. Ask what's available!

**Breakfast Sandwich** .....\$7.39 Half  
355 - 950 cal. ....\$8.79 Whole  
Choose Ham, Bacon, or Sausage! Along with cheddar cheese, egg, and garlic herb spread.



**Deluxe Breakfast Sandwich** ..\$7.79 Half  
387 - 995 cal. ....\$9.39 Whole  
Choose Ham, Bacon, or Sausage! Along with cheddar cheese, egg, avocado, tomato, and garlic herb spread.



**Cinnamon Roll** 899 cal. ....\$3.49  
Smothered in Orange, Raspberry, or Traditional Cream Cheese Frosting.

**Scrumptious Tea Scones** 350 cal. \$2.49  
Cinnamon Chip, Berry Cream Cheese, Chocolate Chip, or Poppyseed.



**Nutella Bruschetta** .....\$4.39 Half  
387 - 995 cal. ....\$6.79 Whole  
Chocolate hazelnut spread with strawberries, served open-faced on toasted Sourdough.



**Chocolate Super Smoothie**  
275 cal. ....\$5.79  
Chocolate protein powder, baby spinach, banana, peanut butter, and almond milk. 18oz.



**Avocado Toast** 180 cal. ....\$3.79  
Add bacon \$1.



**California Dream Toast**  
285 cal. ....\$7.79  
Avocado spread and seafood salad on toast, served with fresh berries.

**Groovy Granola Bowl**  
343 cal. ....\$6.39 Sm.  
563 cal. ....\$7.79 Lg.  
House-made granola & 2% milk.



**Berry Parfait** 493 cal. ....\$5.79  
Strawberry Greek yogurt, mixed berries & our house-made Granola.

Coffee 2 cal. ....\$1.99  
Hot Chocolate 70 cal. ....\$1.25  
Jumex Juice 140-170 cal. ....\$1  
2% Milk 195 cal. ....\$1.75

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